

MBCC PARENTS PROGRAMME

SATURDAY 13TH OCTOBER

TIME	WORKSHOP A	WORKSHOP B	WORKSHOP C
10.30 AM – 11.30 AM	Toddler Calm Taster Session <i>CalmFamily</i>	Baby Calm Taster Session <i>CalmFamily</i>	Basic Buckles with Bob <i>Bob Betts – Little Possums</i>
11.30 AM – 12.30 AM	Carrying a Newborn (up to 8 weeks) <i>Dr Rosie Knowles</i>	Carrying Multiples <i>Gillian Ryan</i>	Parent and Toddler Yoga <i>Little Earthlings</i>
12.30 PM – 1.00 PM - LUNCH			
1.00 PM – 2.00 PM	Postnatal Physio	Carrying and Breastfeeding <i>Lorette Michallon - Slingababy</i>	Baby and Toddler French <i>Amber's Language Music and Play</i>
2.15 PM – 3.15 PM	Baby Calm Taster Session <i>CalmFamily</i>	Toddler Calm Taster Session <i>CalmFamily</i>	Sling Swing Taster Session <i>Sling Swing</i>
3.30 PM – 4.30 PM	Carrying and Breastfeeding <i>Lorette Michallon – Slingababy</i>	Parent and Baby Yoga <i>Julia – Little Earthlings</i>	Basic Buckles with Bob <i>Bob Betts – Little Possums</i>