

# MBCC CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME

FRIDAY 12<sup>TH</sup> OCTOBER

TIME	TITLE	
10.15 AM – 11.15 AM	Perinatal Mental Health – supporting parents <i>Facilitated by Ruth Butterworth and colleagues</i>	
11.15 AM – 12.15 PM	Action on Post-Partum Psychosis Workshop <i>Facilitated by Katy Chachou</i>	
<b>12.15 PM – 1.15 PM - LUNCH BREAK</b>		
1.15 PM – 2.15 PM	Carrying with special considerations <i>Leigh Dumighan and Nicole Hastie from Vija Designs UK</i>	Postpartum Physiology and carrying <i>Sundeep Watkins</i> <i>From Harborne Physiotherapy</i>
2.15 PM – 3.15 PM	Why carrying matters for Dads <i>Bob Betts from Little Possums</i> How many layers? Carrying and Core Temperature – <i>Parenting Science Gang</i>	Carrying and Breastfeeding <i>Lorette Michallon from</i> <i>Slingababy Training School</i>
<b>3.15 – 3.30 - PM BREAK</b>		
3.30 PM – 4.30 PM	Building Better Brains <i>Emily Fackrell - CalmFamily</i>	Carrying with special considerations <i>Leigh Dumighan and Nicole Hastie from</i> <i>Vija Designs UK</i>
4.30 PM – 5.30 PM	Postpartum Physiology and Carrying <i>Sundeep Watkins</i> <i>From Harborne Physiotherapy</i>	Why carrying matters for Dads <i>Bob Betts from Little Possums</i> How many layers? Carrying and Core Temperature <i>Parenting Science Gang</i>